

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Junior School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Halal Option Available Daily	Roast Chicken Sausages with Gravy	Beef Lasagne	Rosemary Roast Chicken Thigh	Mild Beef Curry	Salmon & Coley Fish Cakes
Key Stage 2 Option	Mince Pork Chow Mein	Build Your Own Vegan Mince Burrito	Slow Roast Pulled Beef & Onion Pie	Thai Red Tofu Curry	Cheese & Tomato Pizza
Vegetarian Option	Tomato & Basil Pasta Bake	Falafel Bites with Sweet Chilli Sauce	Veggie Mince Cottage Pie	Macaroni Cheese	
On the Side	Garden Peas Crushed Potatoes	Carrots & French Beans Steamed Potatoes	Broccoli & Cauliflower Mashed Potato Yorkshire Pudding Gravy	Peas & Carrots Steamed Rice	Baked Beans French Fries
Dessert	Watermelon	Strawberry Mousse	Rice Pudding	Strawberry Jelly Pots	Syrup Sponge with Custard

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Halal Option Available Daily	Sweet Chilli Chicken	Italian Pork & Beef Meatballs	Turkey Hotpot	Ground Beef Stir Fry	Fish Fingers
Key Stage 2 Option	Ham, Cheddar Cheese & Roast Pepper Pasta Bake	Sweet Potato & Courgette Frittata with Basil Pesto	Honey Roast Gammon	Potato Gnocchi with Tender Stem Broccoli & Tomato Pesto	Hot Dog with Fried Onions
Vegetarian Option	Aubergine & Butternut Squash Curry	Pan-Fried Quorn Sausage	Cheese & Potato Pie	Tofu Stir Fry	Halloumi Burger
On the Side	Steamed Carrots New Potatoes	Garden Peas Penne Pasta Tomato Sauce	Cauliflower Roast Potatoes Gravy	Broccoli Noodles	Spaghetti Hoops Curly Fries
Dessert	Galia Melon	Orange Jelly Pots	Chocolate Mousse	Orange Slices	Cookie Dough

Junior School

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Halal Option Available Daily	Chicken & Tomato Bake	Beef Bolognese	Roast Pork Sausage	Baked Tandoori Chicken	Grilled Beef Burger
Key Stage 2 Option	Pork Jambalaya	Baked Harissa Aubergine & Chickpea Stew with Yoghurt Dressing	Chicken Barley Pie	Sustainable White Fish Cardamom Curry	Crispy Fried Chicken
Vegetarian Option	Loaded Baked Sweet Potato	Vegan Mince Bolognese	Glamorgan Sausage	Lentil Dahl	Homemade Falafel Burger
On the Side	Carrots Baked Potato Wedges	Peas Spaghetti Garlic Bread	Broccoli Cubed Potatoes Gravy	Carrots & Cauliflower Boiled Rice Flatbread	Baked Beans Chunky Chips
Dessert	Cantaloupe Melon	Trifle	Honeydew Melon	White Chocolate Mousse	Jam Sponge with Custard